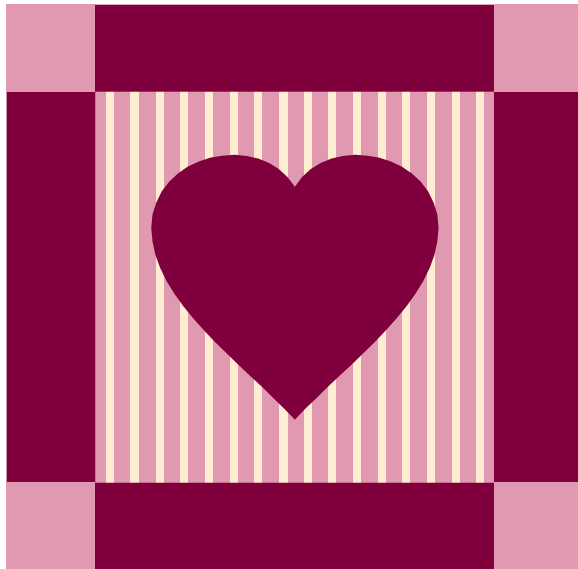




**Newsletter  
February 2010**

**HAPPY VALENTINE'S DAY**



**We are thinking of you...**

Especially to those who are under the weather. May you find each day a little brighter. With time and care, we are wishing you the gift of better health.



**Moved to a New Home**

We will truly miss our friends and we want to wish them many blessings in their new home.

**Remembering ...**

Our good friends who have since passed away. Special thank you to families who have dedicated memorial donations to the K-W Seniors Day Program



to our friends,  
but not goodbye



**Another Year**

We are wishing you another year

Of laughter, joy and fun,

Surprises, love and happiness,

And when your birthday's done,

We hope you feel deep in your heart,

As your birthdays come and go,

How very much you mean to us,

More than you can know.

**Program Closures**  
**Monday February 15<sup>th</sup>**  
**"Family Day"**

"New" Premier Dalton McGuinty confirmed that he would create a new statutory holiday this February called Family Day, on behalf of hard-working Ontario families.



He said "I can think of no better way for our government to get to work than by rewarding Ontarians for all their hard work, and for their belief that when we work together, build together and dream together, there is nothing we cannot accomplish. There is nothing more valuable to families than time together".



**Monday February 15<sup>th</sup>**

**National Flag of Canada Day**

At the stroke of noon on February 15, 1965, Canada's red and white maple leaf flag was raised for the very first time over Parliament Hill in Ottawa. Red and white were designated as Canada's official colors in 1921 by His Majesty George V. This is a perfect opportunity to celebrate our flag and what it stands for. Although simple in design, Canada's flag well reflects the common values we hold so dear: freedom, peace, respect, justice and tolerance. Canada's flag is a symbol that unites Canadians and expresses throughout the world and always our pride in being Canadian.

**SHOPPERS**  
**HomeHealthCare®**

We are excited to announce our new partnership with Shoppers Home Healthcare stores and services. K-W Seniors Day Program will be working with the sales team and technicians of Shoppers Home Healthcare who have offered to extend the services that they offer Sunnyside Home to tune-up and service your walkers and wheelchairs with no labour charge. Kirby Miller, of Shoppers Home Healthcare, will be onsite several times per week with his technician, Darryl, to provide us with their expertise regarding mobility aids and other solutions to make your everyday needs easier! Keep an eye open for some of the helpful products which we will have on display at a discounted price. We will also have catalogues available for you to look through at your convenience to see the many products that they offer.

A special thanks to Shoppers Home Healthcare for supporting our community seniors.



Live safely and independently in the comfort of your own home. Prompt, caring assistance at the touch of a button, 24 hours a day, 365 days a year. Security and peace of mind for you and your family. For more information please Contact St. Mary's Lifeline 519 749 8008 or us at K-W Seniors Day Program

**PROGRAM EXPANSION and SUPPORTIVE HOUSING UPDATES**



Our Program Expansion space will be revealed in the next week or so, once the carpeting and painting has been completed! We are very excited to gain this wonderful space and look forward to moving our shuffleboard where we can level it up in its new permanent place! This will help to alleviate the barriers in our activity room and allow us to park our walkers and wheelchairs safely. Also, our new washroom is almost finished. The new sink and cabinets will be installed in the next week or so and the final paint touch-ups will follow. Deanne's old office space is now opened up to be the new corridor which will lead into our Addition (17feet by 32 feet) behind the temporary drywall. Our lounge chairs will be moved back into the corridor space temporarily before they find their new home in the new space. Most importantly, we are looking forward to getting our entrance and coat room back! No more long walks through the building to and from the program! Thank you all for your patience through this process.

Deanne Gillies, Director